

STELLA MATUTINA COLLEGE OF EDUCATION
AWARENESS PROGRAMME ON CORONA VIRUS

10th -13th March 2020

10.03.20 - On the first day protection measures to be undertaken by individuals was given by Mrs. Rubina, Asst. Professor to all the BEd and MEd students during the Morning Assembly. This includes 1. washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.2.Maintain social distancing.3 Avoid touching eyes, nose and mouth. Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.5.Practice respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.6.If you have fever, cough and difficulty breathing, seek medical care early.

11.03.20 – On the second day, details about the corona virus and how and where it has spread along with the statistical details of WHO (World Health Organisation) were collected and presented by the students in the form of PowerPoint.

12.03.20 – A video was presented by the students on the mode of hand washing to be adopted. Pamphlets on precautionary measures were displayed on the notice board.

13.03.20 – The health inspectors from Chennai Corporation addressed the students on the mode of spread of the COVID-19 virus and the strategies to be adopted to prevent the disease. The contact numbers in case of emergencies were given by them.